

NORTHERN LIGHTS AQUATIC FACILITY

July - August 2010

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
A.M. Lap 6 - 8:30	Airsta Training 8 - 11	A.M. Lap 6 - 8:30	Airsta Training 8 - 11	A.M. Lap 6 - 8:30	Speical Activities Private Parties Call 487-5391 <u>Aquatots</u> Quality time for Young Children & Parents Parent/Tot time available during most lap swim times Swim Lessons Check Monthly Schedule Email james.b.willis@uscg.mil	
Water Aerobics 8:30 - 9:30		Water Aerobics 8:30 - 9:30		Water Aerobics 8:30 - 9:30		
Aquatots 10:15 - 11:15		Aquatots 10:15 - 11:15		Aquatots 10:15 - 11:15		
Noon Lap 11:30 - 1:00 Monday - Friday						
Afternoon Open Swim 1 - 2:30	Special group Lap times upon request	Afternoon Open Swim 1 - 2:30	Available for Special Events	Afternoon Open Swim 1 - 2:30		
Swim Lessons		Swim Lessons		Swim Lessons	Afternoon Open Swim 3 - 4:30	Afternoon Open Swim 3:00 - 4:30
Evening Lap Aquatots 4:30 - 6:00	Evening Lap only 4 - 6:00	Evening Lap Aquatots 4:30 - 6:00	Evening Lap Aquatots 4 - 6:00	Evening Lap only 4:30 - 6:00	Evening Lap only 4:30 - 6:00	Evening Lap only 4:30 - 6:00
		Evening Open Swim 6 - 7:30		Available for Special Events	Evening Open Swim 6 - 7:30	Evening Open Swim 6 - 7:30

Pool 487-5391

www.KodiakMWR.com

Gear Issue 487-5272