

U.S. Coast Guard Base Kodiak



MORALE, WELL-BEING AND RECREATION (MWR)

2016 National Recreation and Parks Association – Gold Medal Winner
2016 United States Coast Guard – Large Ashore MWR Program of the Year

Patron Handbook



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WELCOME

The staff of the USCG Base Kodiak Morale, Well Being and Recreation (MWR) Division would like to welcome you to the Emerald Island, where "Your Fun Is Our Business." This booklet includes information which will be helpful in getting you acquainted with the services we provide to make your time here more enjoyable.

Please keep in mind, we are continually changing and adapting our MWR operations and programs to support customer needs. **Items listed in the handbook are subject to change.** We recommend you call the MWR Office (907-487-5108) or the specific activity to confirm this printed information.

The MWR Mission. Across the Coast Guard, the mission of MWR operations is *"to uplift the spirits of the Coast Guard family and be an essential element of Coast Guard mission readiness and retention through customer-owned and driven MWR programs and services around the world."*

MWR Authorized Patrons/Eligibility. While owned by the individual Commands, MWR operations overall are governed by Commandant Instruction M1710.13 (series). This manual outlines the "authorized patron" list. Generally speaking, the authorized patrons list includes:

1. All active duty military personnel and their family members;
2. Members of the ready reserve, reserves in training, members of the National Guard and family members;
3. Commissioned Corps of the Public Health Service and NOAA, and their family members;
4. Armed Forces retirees from active duty and their family members;
5. DHS/DoD appropriated and non-appropriated funded civilian employees and their family members; retired appropriated and non-appropriated funded civilian employees and their family members and Coast Guard Auxiliary.

These are just a few.... please consult the MWR Manual for additional categories of authorized patrons.

Base Kodiak MWR Facilities and Activities Summary: The MWR Division at Base Kodiak operates a variety of facilities and programs which help support the morale and well being of our patrons. They are:

- **Northern Lights Recreation Facility** – Base Gym (Gear Issue, Basketball Court, Weight Room, Cardio Room, Functional Fitness Room with Fitness On Request system, Pool, Spin Studio, Climbing wall, Tanning Beds, Racquetball Courts, Youth Center, and Parent Workout Area).
- **Aquatics Facility** – 25yd, 6 lane pool used for training, open swims, swim lessons and special events.
- **Adult Athletics** - 20+ event Captains Cup competition along with special events; Adult Athletics office is located in the Base Gym.
- **Teen Center/Youth Programs** –Boys and Girls Club affiliated, Teen Center, special events and sports programming; office and Teen Center are located in the base gym.

- **MWR Administration Office** - NAF Personnel, Accounting, Marketing, Information-Tickets; located on the second floor of the base gym.
- **Child Development Center** - NAEYC Accredited Child Care, infant to pre-school, lunch and snacks provided through the USDA Food program.
- **Billiken Movie Theater** - both paid admission and free movies along with an affordable concession stand.
- **Bear Valley Golf Course** - Seasonal 9-hole golf course, pro shop, driving range and food/beverage operation.
- **Pizza Parlor** - Food and beverage operation serving: pizza, sandwiches, ice cream, coffee and lattes.
- **Tsunami Lanes Bowling Center** - 8-lane center with Pro Shop and Food/Beverage operation available for leagues and morale events; bumpers available for children.
- **Golden Anchor Sport Pub/Banquet Hall** - Sports Pub with pub style food and beverage menu on the 2nd floor with large banquet hall on the 1st floor with catering available.
- **Auto Hobby Shop** - Self-help auto repair shop with tools and lifts available; direct phone line to local parts shops for ordering parts at discounted prices.
- **Boat House** - Rental boats, campers, vacuum sealers, temporary freezer storage, ATV trailers, and fishing gear available.
- **Guest House** - Hotel-style guest lodging with an Alaskan theme. Single rooms and family suites are available. Kitchens and laundry available on all floors.
- **Recreational Vehicle Park** - wet (full hookup) and dry camping sites, dump stations and potable water fill stations available; sites are located in the Lake Louise area.
- **Nemetz Gazebo** - Enclosed rental facility for group events; tables and chairs are provided at the venue.
- **Jewel Beach Gazebo** - Open air pavilion available for groups or morale events overlooking Jewel Beach and Women's Bay.

For more detailed information check us out at: www.kodiakmwr.com

NORTHERN LIGHTS RECREATION FACILITY (BASE GYM)

Phone: 907-487-5272

Address: Building #2, Storis Drive

Hours of Operation: Monday – Friday 5:30 a.m. – 9:00 p.m.
Saturday 8:00 a.m. – 9:00 p.m.
Sunday 1:00 p.m. – 9:00 p.m.



The Northern Lights Recreation Facility is a WWII historical landmark, which was completely remodeled in 1997. Inside the facility, patrons will find a modern cardio room, separate weight room, aerobics room (functional fitness training space), racquetball courts, spin studio, basketball court, locker rooms with showers and steam rooms, solar therapy beds, parent workout room, youth center, indoor climbing wall, recreational gear issue, complete with a small retail area for tanning products, swimming gear, and general recreational items.

The Kodiak MWR Office is located on the second floor of the facility. Stop by and we will provide you with a wealth of information regarding all of the facilities and activities we provide around the Base.

For more information about the Northern Lights Recreation Facility please call the Gear Issue desk at 487-5272. To contact the MWR Office, please call 487-5108.

AQUATIC FACILITY

Phone: 907-487-5391

Address: Building 2A, Storis Drive (attached to the gym)

Hours of Operation: schedule distributed each month, available at www.kodiakmwr.com



The Aquatics Facility is located in the Northern Lights Recreation Center. The pool, built in 1994, is 25 yards long and features a slide and zero entry handicap access. Activities offered at the pool include daily lap swimming, open swim, water aerobics and swim lessons. Lap swimming and water aerobics are FREE to active duty and dependents. Pool passes are available for purchase at the Gear Issue desk for patrons who plan on visiting the pool on a more frequent basis.

Come out and enjoy the warm waters of our aquatic facility!

ADULT ATHLETIC PROGRAMS

Phone: 907-487-5549

Address: Building 2, Storis Drive

Hours of Operation: as determined by scheduled activities



The Kodiak MWR Adult Athletic program is composed of 20+ events, along with special events like the Kodiak Emerald Isle Eco Challenge. Base and Tenant command compete for the Captains Cup, awarded to the top scoring commands within each division.

TEEN CENTER/YOUTH PROGRAMS



Phone: 907-487-5250

Address: Inside Building #2, Storis Drive

Hours of Operation:

Monday – Thursday 2:30 p.m. – 6:00 p.m.

Friday 2:00 p.m. – 6:00 p.m.

Saturday & Sunday CLOSED



The MWR Teen Center is located in the Northern Lights Recreation Facility. Our Teen Center is one of only four Coast Guard teen centers to maintain an affiliation agreement with the Boys & Girls Club of America, which allows our center staff to tap into the excellent programs offered by the Boys & Girls Clubs of America. Our youth activities staff does a fantastic job of keeping our youth busy, with a monthly calendar packed with daily, weekly, and seasonal events including youth sports leagues for bowling, soccer, and basketball. Keep your eye out for our special monthly events such as Family Skate Night (we provide the skates) and Laser Tag!

MWR ADMINISTRATION OFFICE

Phone: General Recreation and Office Information: 907-487-5108

Address: Building #2, Storis Drive; Base Gym – 2nd Floor

Hours of Operation: Office: 8:00 a.m. – 4:00 p.m.

Monday - Friday (Closed on major holidays)



The MWR Administrative Office houses a variety of office functions which support our operation and important programs which support you as a patron.

- **Information and Tickets (IT):** MWR has access to a variety of discount tickets to major theme parks and hotels at significant savings to the majority of our patrons.
- **Armed Forces Vacation Club** will save you money on your PCS or family vacation. Please give us a call to see how we can save you money or visit the Armed Forces Vacation Club website at <https://www.afvclub.com/>.
- **Non-appropriated Fund Personnel Office:** Looking for work, MWR has intermittent (0-19 hours) Part Time and Full Time job openings throughout our operation. Check out our job postings bulletin board located in Building #2 Base Gym or visit www.kodiakmwr.com and look for the "employment" link.
- **USO and Armed Forces Entertainment:** The staff of the MWR Office also supports USO and Armed Forces Entertainment shows when the events visit Kodiak. Contact the MWR Office for the latest news on upcoming shows.

CHILD DEVELOPMENT CENTER

Phone: 907-487-5481

Address: Building N41/N75, Mary Island Way

Hours of Operation: 7:00 a.m. – 5:00 p.m. Monday through Friday
(Closed weekends and Holidays)



The Child Development Center (CDC) located at Base Kodiak offers care for children 6 weeks to 6 years. Attendance options range from part day, part week to full time.

Our CDC is accredited by the National Association for the Education of Young Children, offering all children an organized approach to learning through Creative Curriculum. The goal of the CDC is to create learning environments that encourage young children to explore experiment and discover the family, the community and the world. Routine child assessments create bridges of partnerships with our families and provide opportunities for sharing.

The CDC serves daily snacks and lunch in accordance with the USDA Food program.

Full time rates are based on total family income (TFI) which aligns with the 9-tier income classification system as established by the Department of Defense.

Please contact the CDC for a current rate chart.

BILLIKEN MOVIE THEATER

Management Phone: 907-487-5819

Address: Building #9, Storis Drive

Hours of Operation:

Show Times: Subject to Change; visit the Kodiak MWR website www.kodiakmwr.com for updated show times and movie titles.



The Billiken Theater is open to all eligible MWR patrons including Active Duty, Reservists, Retirees, Dependents, USCG Civilians, and their sponsored guests. The Billiken Theater receives movies from the Navy Motion Picture Service (NMPS). Movie availability is based on contractual obligations between the NMPS and the different movie studios.

The Billiken Theater is equipped with digital, 3-D projectors for superior picture and sound quality. 3-D glasses are provided free of charge when needed. The theater is also equipped with the Navy's N-DVD system, which is utilized to show free movies throughout the week.

The theater has a designated cry room available for parents with younger children.

Great Munchies. The concession stand serves popcorn, candy, treats, and your favorite beverages at value prices. The Theater is available to rent for birthday parties, command morale events and special functions!

Get your movie schedule via Facebook. Please look us up on Facebook at the US Coast Guard Base Kodiak Page for weekly movie schedules.

Movie Admission Fee:

- Adult patrons \$5
- Child (ages 6-11) \$3
- Child (ages 0-5) FREE



Movie Ratings. Be advised that children 16 years and under will not be permitted into R rated movies without the consent of a parent or guardian. The parent or guardian must be present when the ticket is purchased.

BEAR VALLEY GOLF COURSE



Pro Shop Phone: 907-487-5323

Address: Anton Larsen Road

Hours of Operation: seasonal and weather permitting

10:00 a.m. – 8:00 p.m. Monday – Thursday

8:00 a.m. – 8:00 p.m. Friday, Saturday, Sunday and Holidays

Kodiak's Bear Valley Golf Course is a beautiful nine-hole course located about three miles from the base on Anton Larsen Road. Facilities include a driving range, practice putting greens, snack bar and pro-shop. Rental clubs are available for those who don't have or didn't pack their clubs. Pull carts are also available for rental. Bear Valley Golf Course is a "walking" course; we do not have motorized golf courts at our facility.

Bear Valley Golf Course offers season passes, daily green fees and punch cards which are available at a pro-rated based on rank. The golf course supports weekly leagues for men, women, and couples as well as special format tournaments throughout the season and handicapped tournaments all season long for men and women. Golf lessons are also available, as request. Contact the pro shop for details.

The golf course typically opens late April/early May depending on weather with a season that runs through October 15th again, depending on weather conditions. Weekday early morning discounts and tournament packages are available. Bear Valley Golf Course is the ONLY course on the island and challenging to say the least!

There are many sponsorships and advertisement opportunities available for tournaments, contests, and certain locations on the course. If a business is interested in learning more about advertising opportunities at the Course, please contact 487-5059 and talk with our Business Section Chief.

PIZZA PARLOR

Phone: 907-487-5988

Address: Building #3, Storis Drive

Hours of Operation:

Monday – Thursday 7:00 a.m. – 8:00 p.m.
Friday 7:00 a.m. – 9:00 p.m.
Saturday 11:00 a.m. – 9:00 p.m.
Sunday CLOSED



For the best “eats” on island, visit the MWR Pizza Parlor! We are the place to get your favorite pizzas, burgers, fries, panini’s, subs, ice cream, and more. We have coffee espresso specialty drinks available every day in the morning and offer breakfast panini’s, bagels with cream cheese, and assorted freshly baked goods. Order your food to go! We can satisfy the hungriest of appetites with special promotions throughout the week. Birthday packages and luncheons can be arranged or catered through the pizza parlor.

TSUNAMI LANES BOWLING CENTER

Phone: 907-487-5401

Address: Building #597, Windrider Ave

Hours of Operation: Thursday – Sunday 12:00 p.m. – 9:00 p.m.



The MWR Tsunami Lanes Bowling Center is a comfortable, modern environment suited for all bowlers, with a state of the art computerized scoring system. Based on interest we support adult and youth leagues at various times throughout the year. Join us for “Cosmic Bowling” when we turn the lights out and enjoy the latest tunes in a disco atmosphere. Our amenities include a dynamite snack bar serving burgers, fries, wraps, and your favorite beverages. We also have a recreation lounge complete with video games, billiards, darts, ping-pong and televisions. We welcome birthday parties for youth, and also support unit morale events.

GOLDEN ANCHOR SPORTS PUB/BANQUET HALL

Phone: 907-487-5798

Address: Building #N28, Anchor Way and Windrider Ave

Hours of Operation: Thursday – Saturday 5:00 p.m. – 1:00 a.m.

Open for Monday Night Football ALL season!



The Golden Anchor Sports Pub is a full service banquet facility available to provide quality, catered functions at reasonable prices. Contact us for banquet reservations. The banquet room is located on the first floor of the building and the Sports Pub is located on the second floor. The pub boasts a satellite system televising sporting events from across the U.S. including Pay-Per-View events and National Football League games throughout the year. Delicious sports pub style food and thirst quenching drinks are also available.

AUTO HOBBY SHOP

Phone: 907-487-5844

Address: Building #614, Storis Drive

Hours of Operation: Monday – Wednesday CLOSED
Thursday & Friday 11:30 a.m. – 10:00 p.m.
Saturday 10:00 a.m. – 10:00 p.m.
Sunday 1:00 p.m. – 8:00 p.m.



The Kodiak MWR Auto Hobby shop is a "self help" facility, which provides space and equipment for owners to complete minor to moderate repairs and maintenance on their personally owned vehicles. The shop includes multiple bays with lifts, a separate area for welding and has the equipment to support tire changing, tire spin balancing, brake repair, oil/transmission fluid changing including all the heavy-duty hand and pneumatic tools and safety equipment required for those larger jobs. You can safely discard used oil, antifreeze, transmission and other fluids at the collection station inside the Auto Hobby Shop. There is a small retail operation, which provides smaller, commonly used items like motor oil, antifreeze and transmission fluid. To obtain larger or unique parts, the shop provides a phone, which allows you to call the local auto parts dealer and order the required parts for your repair at discount prices. The parts are then delivered to the shop.

MWR BOAT HOUSE

Phone: 907-487-5047

Address: Building #8, Windrider Ave.

Hours of Operation: seasonal and weather permitting



Come enjoy the best fishing in the world! Equipment available for rental at the MWR Boat House includes : 23' Pacific Skiffs with cabins, "A" Frame Truck Campers, 13' and 16' Scamp camping trailers, bait, tackle, downriggers, fishing poles (for both Halibut and Salmon), rafts, ATV trailers and trolling motor's. To keep your catch fresh, multiple commercial vacuum sealers are available at the boat house. The boat house has sealer bags and shipping boxes in stock. We even provide short term freezer space to keep your catch cold. A crab cooker and fish cleaning station are available adjacent to the pier. Boat reservations can be made 13 days in advance for those with a current MWR boat card.

Please note that patrons must be MWR eligible to use the facility and equipment. Use of MWR Boats requires annual MWR Boat House certifications. For more information contact the Boat House.

MWR GUEST HOUSE/RECREATIONAL VEHICLE (RV) CAMPSITES

Phone: 907-487-5446

Address: Building #30, Albatross Ave.

Hours of Operation: Open 24 hours a day/7 days a week
RV Lot open May – September



The Kodiak MWR Guest House, a non-smoking hotel, was completely re-outfitted with new furniture providing patrons with an Alaskan Log Cabin theme. The lobby has been outfitted with elegant leather furniture transforming the entrance into an inviting and warm location for guests to relax. The Guest House features 38 rooms, three family suites, three VIP suites and two wheelchair accessible rooms. We are open to PCS personnel, TAD personnel and space available guests. Our hotel has three full kitchens, dining areas, and laundry facilities on each floor. The building has been outfitted with WIFI. Other amenities include a private bath, hairdryer, coffee, cable TV and DVD player in each room.

Enjoy RV camping? The Kodiak MWR Recreational Vehicle Camp sites are open seasonally, from May 1st – October 15th. The camping area is located between the majestic Barometer Mountain and Lake Louise, situated in an open field within walking distance of Lake Louise, two miles from the Coast Guard Base main gate. More information is available by contacting the MWR Guest House.

NEMETZ GAZEBO

Phone: 907-487-5108 to make reservations

Address: Building N44, Tom Stiles Road

Hours of Operation: as determined by events



The MWR Nemetz Gazebo is an enclosed facility which is available for rental by authorized MWR patrons. The facility includes a kitchen, restrooms and large seating area complete with folding tables and stacking chairs. The facility is great for those small to medium sized group events including meetings and potluck dinners.

JEWEL BEACH GAZEBO

Phone: 907-487-5401 (Bowling Center)

Address: Building N25, Windrider Ave (Next to the Bowling Center)

The Jewel Beach Gazebo is an open air gazebo adjacent to the MWR Bowling Center, overlooking Jewel Beach and Women’s Bay. There are picnic tables and charcoal grills available at this site which is perfect for picnic and group morale events. Bathrooms are made available from May through September.